

BACK BASICS

*A SOUL-BOOSTING EXPERIENCE DESIGNED TO HELP
YOU RE-CONNECT TO WHAT MAKES YOU **TICK***

APRIL 2 – 8 , 2022

CASTELLO TAFURI, SICILY



***"BE FEARLESS IN THE PURSUIT OF
WHAT SETS YOUR SOUL ON FIRE"***

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Thank you for expressing interest in the Back2Basics Experience Sicily, which will take place at the enchanting Castello Tafuri in Portopalo di Capo Passero, Sicily on April 2nd to the 8th, 2022. We are hosting this inaugural experience in a very special location indeed. Not only Portopalo is the most southern point of Italy (south to even the northern tip of Africa!) but is also known for its extremely rich history and cuisine and a breathtaking natural beauty.

And yet, even if Sicily is the biggest island of the Mediterranean, rich in culture, food and history, it remains as one of the Best Kept Secrets of the World, and this is your chance to make it yours, while surrounded by likeminded individuals ready to have the most inspiring conversations.

Disconnecting from our daily lives and routines to re-connect to what is important to us and what makes us tick, is in our view the path to living a fulfilled life. Coming out of the COVID pandemic won't be easy and that is why we created a unique and unforgettable experience centered around reconnecting to:

- Yourself and Others
- Wellness
- Nature
- What makes you TICK!

Our Promise to you is that we have put all our energy and goodwill, into making this a truly memorable and transformative experience. We live busy lives and most of us struggle to sit down and find the time to let our soul speak to us. When it does, its usually when we are relaxed, surrounded by beauty and immersed in inspiring conversations, and that's what we are aiming to have this week. We truly hope you'll join us!

With Love and Gratitude,

Leticia and Don van Splunteren

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THIS BACK2BASICS LUXURY EXPERIENCE INCLUDES:

- 7 days and 6 nights luxury accommodations at Castello Tafuri, Charming Suites which boast spectacular views of the Mediterranean Sea, reserved entirely for our private and intimate group.
- All in-country transportation in a comfortable vehicle with our own private driver, including pick up and drop off at the Catania Fontanarossa (CTA) airport (56 Miles From hotel) on arrival and departure days at designated time (we will share recommended flight arrival and departure times upon booking confirmation).
- Inspirational “Back2Basics” Morning Sessions, with Internationally recognized motivational Speakers Carley Hauck and Paul McGee (see web site for full bios).
- On-site Certified Mindfulness Meditation Coach and daily practice for those that wish to explore.
- Full day visiting the enchanting mountaintop town of Taormina, including the 10,000-seat ancient Greek amphitheater which was erected in the third century BC and expanded by the Romans. Enjoy the view of Mount Etna (the most active Volcano in Europe) and the breathtaking views.
- Full day visiting Siracusa, Once one of ancient Greece’s most important cities, today is a lively town of about 125,000 on Sicily’s southeast coast. The city overflows with amazing remnants from its long history. You will enjoy a guided tour visiting the many landmarks the city showcases, including the seventh-century cathedral, the archaeological park of Neapolis and the mythical Arethusa Fountain.
- A visit to the natural reserve “Wildlife Oasis of Vendicari”. Inside the reserve, an entire ecosystem lives undisturbed. Prepare for jaw-dropping beauty and immense natural splendor.
- A visit to the UNESCO World Heritage City and Baroque Capital of the World, City of NOTO.
- An afternoon boat ride from Portopalo to the charming fishing village of Marzamemi, to enjoy dinner in this picturesque town founded by the Arabs and originally called Marsa' al Hamen (harbour of the turtle doves”).
- Private cooking class to explore and create a delicious traditional Sicilian dish through the guidance of a local chef.
- A curated wine tasting showcasing the flavors and richness of Sicilian wines.

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- All meals are included and provided for our group throughout this trip, from nourishing breakfasts to Sicilian Style Buffets, to a sensory stimulating dinners. When at Castello Tafuri, all meals, including the Gala Dinner, will be in charge of "Asiette Micheline 2020" acclaimed Chef Roberto Pirelli.
- Free time to relax overlooking the most spectacular view one can hope for ...prosecco by the terrace? Or...juicy novel by the pool? Or massage in the room?*
- Meditation, Yoga Sessions and Inspirational Back2Basics Sessions designed to spark personal "re-connection".
- Thorough support and guidance, both before and during our trip. Sicily is home for us and we are exciting you are letting us host us in our special place.

**Massage Services are available at an additional cost.*

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AGENDA

Saturday April 2, 2022

Afternoon: Registration

Evening: Welcome Cocktail



Sunday April 3, 2022

Morning: Welcome Back2Basics Session

Afternoon: Boat Ride from Portopalo to Marzamemi

Evening: Promenade, Shopping and Dinner in Marzamemi



Monday April 4, 2022

FULL DAY TAORMINA TOUR



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<p>Tuesday April 5, 2022</p> <p>Morning: Keynote Back2Basics Session</p> <p>Afternoon: "Wildlife Oasis of Vendicari"</p> <p>Evening: Exploring and dining in NOTO</p>	
<p>Wednesday April 6, 2022</p> <p>Morning: Leisure Time/Culinary Experience</p> <p>Afternoon and Evening: Exploring and dining in Siracusa</p>	
<p>Thursday April 7, 2022</p> <p>Morning: Back2Basics Session</p> <p>Afternoon: Leisure Time/Wine Tasting</p> <p>Evening: Gala Dinner</p>	
<p>Friday April 8, 2022</p>	<p>ARRIVEDERCI!</p>

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PRICING:

			Occupancy Capacity					
Room Type and Names	Sea View	Location	Main Bedroom	Sofa Couch	2nd Bedroom	SQUARE FEET	Room Price (€)	TOTAL EXPERIENCE PRICE PER PERSON (Double Occupancy) US\$
Bookings as of 11/17/2021								
STUDIO:								
Libeccio Booked	None/Limited	Second Floor	2	1	-	315	220	\$3,317
Alisei	None/Limited	Third Floor	2	-	-	172	140	\$3,034
Africo	None/Limited	Third Floor	2	-	-	180	140	\$3,034
Mistral	None/Limited	Third Floor	2	-	-	156	140	\$3,034
STUDIO SEA VIEW:								
Meltemi	Full	Third Floor	2	-	-	230	160	\$3,104
Calima	Full	Third Floor	2	-	-	234	160	\$3,104
Levante Booked	Full	Third Floor	2	-	-	193	160	\$3,104
Ghibli Booked	Full	Third Floor	2	-	-	184	160	\$3,104
FAMILY ROOM:								
Espero	None/Limited	Second Floor	2	2	2	784	220	\$3,317
JUNIOR SUITE WITH PARTIAL SEAVIEW:								
Maestrale	Lateral	Ground Floor	2	2	-	466	220	\$3,317
Aquilone	Lateral	First Floor	2	2	-	406	220	\$3,317
Borea	Lateral	First Floor	2	2	-	406	220	\$3,317
JUNIOR SEAVIEW SUITE :								
Grecale Booked	Full	First Floor	2	2	-	440	250	\$3,423
Oriente Booked	Full	First Floor	2	2	-	446	250	\$3,423
Scirocco	Full	First Floor	2	1	-	375	250	\$3,423
JUNIOR SUITE SPA :								
Zefiro	Lateral	Ground Floor	2	2	-	452	240	\$3,388
ROYAL SUITE:								
Cauro - Royal Suite w/private Terrace	Full	Second Floor	3	2	-	678	300	\$3,600
Austro - Royal Suite w/large outdoor	Full	Second Floor	2	2	2	706	350	\$3,777

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Exclusions and Special Considerations:

- Provided that Italy is strictly enforcing the COVID-19 GreenPass (proof of vaccination) to be able to enter most restaurants and local places, all workshop attendees must provide proof of COVID-19 vaccination. We are limiting attendance to this event to allow space for people to socially-distance should they wish to do so. Additionally, we cannot accept any liability for any health issues that may arise as a result of attending this event. All workshop attendees will be required to sign a waiver of liability as part of the final registration process prior to the start of the workshop.
- Registration fees include all meals and hotel accommodations. Travel expenses not included.
 - Deposit Payment – Please note your US\$1,000 PER PERSON deposit payment is refundable if you cancel by December 31, 2021. Balance payments are due no later than January 31, 2022. If balance payment not received by this deadline, you will forfeit your registration and deposit.
 - Cancellation Policy – Cancellation January 31, 2022: 50% of total workshop cost per person. No refunds after February 1, 2022. No refund for unused portions of the tour, including but not limited to, missed meals, hotel nights and sightseeing.
 - Back2Basics Journeys, LLC reserves the right to cancel the trip (and offer full refund to customers) in the unlikely event the COVID-19 situation worsens and hence becomes a risk for organizers and customers to undertake the experience.
 - Waiver of Liability – By attending this workshop, you agree to sign a release to forever discharge Back2Basics Journeys, LLC from all claims of any kind for any injury or illness that may arise as a result of your attendance. If you decide not sign this release, you are effectively cancelling your reservation and will be liable for the cancellation fees spelled out above. This release will be provided to you as part of the final registration process 6 weeks prior to the beginning of the workshop.

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- Pricing assumes DOUBLE OCCUPANCY. If you are travelling with a larger group or own your own, please contact us so that we can provide with a tailor made pricing. Also, let us know if travelling alone and open to room with another guest and we can provide options.
- Weather Disclaimer: It is understood by participants, that while weather is usually good in Sicily during the month of April (Average Temperature: 55°F), some activities are highly dependent on having favorable weather i.e: Boat Ride, Outdoor sightseeing, outdoor Yoga/meditation etc. Back2Basics Journeys, LLC will not be deemed liable to change schedule and/or activities due to unfavorable weather during this experience.
- Attendees understand that Castello Tafuri is located in a remote location on a cliff top. While one could walk to the town of Portopalo, the roads were not built with pedestrian transit in mind, and hence the mobility of the guests might be restricted to the activities of the experience or to hiring private transportation to move around.

We Hope we have convinced you to join us! If so, please go to <https://www.leticialatino.com/back2basics-experience> to make your deposit and guarantee your spot. A prestissimo!